



Psychotherapy Diploma in Neurolinguistic Therapeutic Modelling

NLP at its creative professional best

This groundbreaking programme is built upon highly skilled therapeutic practice and cutting edge understanding of NLP Modelling. Accordingly, you will have the privilege and pleasure of coming away with the following personal and professional gains.

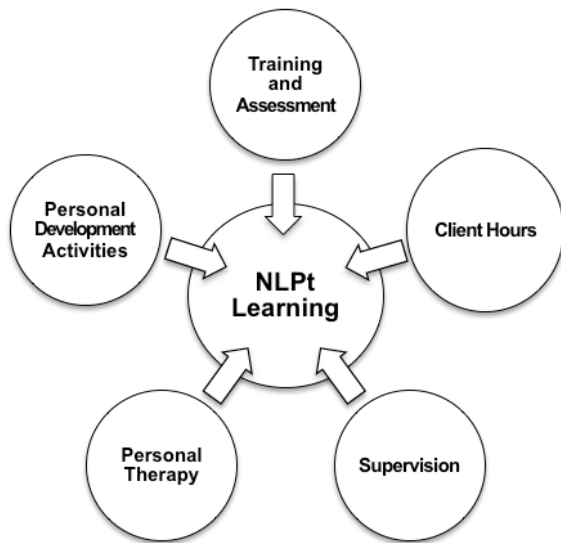
- ★ a confidence and competence in holding the multi-layered facets of understanding and practice required of a qualified professional NLP psychotherapist, to assist the achievement of your client's outcomes
- ★ a significantly expanded self-awareness, a heightened marvelling of the diverse nature of the human condition, conscious and unconscious competence at multiple skill level, an automatic systemic way of thinking and a blend of forensic focus on structure and on maintaining deep levels of productive relationship
- ★ your knowledge and practice of the possibilities that NLP presents,, extended to a point where you can become intuitive and creative operating with elegance and expertise
- ★ a thorough understanding of the nature of modelling, a wide range of modelling methodologies, a means of creating and working with models, and a relaxed understanding of the range of interventions available to you in service of your client
- ★ a developed specialism and authority in a particular area of therapeutic interest and NLP application.
- ★ a deep appreciation that the client is the only source of wisdom about their own condition, and that your role is to reveal and work with that wisdom – irrespective of prior diagnosis or current labelling.

*We create our own
reality.*

*We have all the
resources we need, or
we can create them.*

*All behaviour has
a structure which
can be developed,
modified, or
restructured.*

Sources of Learning



Training

FORGE is committed to offering you effective learning experiences within the period of Training, covering Therapeutic Practice, Therapeutic Skills and NLP Modelling, as well as other Therapeutic Modalities.

This takes the form of

- ★ **Direct Input** – 35 days – 7 x 5 day programmes covering just over two years. A blend of theory, and observed reviewed practice
- ★ **Individual Reviews** – a minimum of 2 reviews a year
- ★ **Distance Learning Materials** – 5 packs covering the UKCP set topics
- ★ **Tutorials** – group tutorials via Skype
- ★ **Coaching** – individual contracted phone calls

Client Hours

You are required to have acquired 450 client hours within the four-year period, with two clients involved in 25 hours or more.

These hours will be written up and form the basis of your supervision.

Supervision

All NLP practitioners offering therapy are required to work under supervision. This is to protect the client and provide feedback and direction to yourself. Preferably your supervisor is also an NLP practitioner, although not essential until your final year. In total, 150 supervised client hours are required, combining 75 primary supervision hours which can be face to face, in a small group or in exceptional circumstances over the phone, and 75 secondary supervision hours involving peer activities, demonstrations and role plays.

*You are in charge of
your learning*

Personal Therapy

You are asked to undertake 25 hours of Personal Therapy, preferably within the NLPt modality, spread realistically over the 3-5 year period of development. This requirements serves to support your personal learning process and address any emergent issues. It also enables you to experience the process from a client's perspective.

Personal Development

From a range of personal development activities you pursue your self-assessment of development need, to the tune of 225 hours. Over and above this, it is essential that you develop an acute self-awareness regarding your practice and your role within it. You are asked to maintain a Self Reflection Log, where you demonstrate accountability to your practice, and develop the ability to review and evaluate your own work.

Assessment

This programme is designed to meet the accreditation requirements of NLPtCA (Neurolinguistic Psychotherapy and Counselling Association). Successful applicants can then apply for registration with UKCP (United Kingdom Council of Psychotherapists).

Qualitative Assessment

Our professional Standards of Competence are divided into three certification levels.

- ★ **Certificate in Clinical Practice:** a 3 day module, which is the precursor to registration on the programme.
- ★ **Intermediate Certificate in NTM:** on completion of the first year course modules and production of required evidence.
- ★ **Psychotherapy Diploma in NTM:** on completion of the second year course modules and production of required evidence including your research project.

You will be asked to provide

- ★ **Written evidence:** case notes, annotated transcripts, personal learning logs, developed case studies, 20,000 word dissertation and relevant documents
- ★ **Visual evidence:** observed practice, video if appropriate
- ★ **Auditory evidence:** discussion with supervisor, tutor and assessor

Quantitative Assessment

For all the other elements, NLPtCA, in line with UKCP requirements, stipulate a set number of hours for each source of development. (see following page)

The Accreditation Programme

Activity	Pre-Entry	Year 1	Year 2	Year 3	Year 4	Total
Training	240 hrs NLP Training including Clinical Practice Training	3x5 days - 90 hrs 3 Learning packs - 60 hrs	4x5 days - 120 hrs 2 Learning packs - 40 hrs	Optional Workshops		550
Client Hours	20	60	90	130	150	450
Supervision	5	15	20	25	30	150
Therapy		6	9	10		25
Personal Development		40	40	60	85	225

This is a theoretical outline of your possible pathway of development to full Accreditation. Actual events will be dependent on your circumstances. It is an NLPtCA requirement that by the point of accreditation application, all these hours have been satisfied, as a minimum.

Eligibility

Upon application, you are required to meet the following criteria:

- ★ Demonstrate ability to complete a post graduate Masters level of study
- ★ Be over 25 years old
- ★ 240 hours of NLP training (or have an action plan to attain prior to registration)
- ★ Have completed a three-day Clinical Practice training
- ★ Have completed 20 hours of supervised practice on a 1:4 hour ratio, and provided two samples of case notes, (or have an action plan to achieve within the first three months if not before.)
- ★ Hold Professional Indemnity Insurance
- ★ Become a student member of NLPtCA.

Selection

In addition to meeting the Eligibility Criteria, through interview, you are asked to demonstrate attributes required of a professional therapist.

There is a fee of £45 charged to applicants, to meet the costs of materials and administration.

Progression

Progression into the Second Year of the training is dependent on having demonstrated the ability to complete the course work required of the First Year. If

there are concerns regarding your ability to deliver the evidence, at the end of the First year you may be advised to leave the programme, with the possibility of registering at a later stage, provided you have continued with supervised practice.

Certification

You are expected to complete all quantitative and qualitative requirements of the Psychotherapy Diploma in NTM within four years from registration.

You then continue to gather the required number of hours in each development area, until you are eligible to apply to NLPtCA for accreditation. A successful application to become an Accredited Psychotherapist Member will then render you eligible to apply for professional registration with UKCP (United Kingdom Council for Psychotherapy).

Reviews

Throughout the Training and Development period, participants will be offered tutoring, guidance and feedback. Should you arrive at the conclusion that full completion is beyond your current resources you would be eligible for interim qualification. Extensions can be negotiated dependent on circumstances.

Costs

Certificate in Clinical Practice **£450**
(£100 refund at registration for full Diploma)

Intermediate Certificate in NTM - Yr 1: **£3800**

Psychotherapy Diploma in NTM - Yrs 1&2 **£6750**

(These include costs of assessment and certification)

NOTE: You will be earning throughout the duration of the programme and accreditation process - *more* than the cost of your development programme.

You can become eligible to join the ranks UK's body of professional psychotherapists.

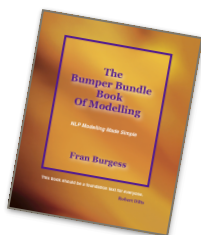
Who is *fORGE*?

- ★ *fORGE* is an independent training organisation committed to developing NLP practitioners into highly skilled, professional psychotherapists, working within the discipline of NLP Therapeutic Modelling (NTM).
- ★ *fORGE*'s 'raison d'être' through its students, is to establish NLP as a credible, authoritative therapeutic modality in its own right, operating from first principles, and providing authentic evidence to add to contemporary research.
- ★ *fORGE* embraces the philosophy of Constructivism, operating on the fundamental presuppositions: 'We create our own Reality' and 'We have all the resources we need', in line with the range of operating principles devised by the UKCP (United Kingdom Council for Psychotherapy) Constructivist College in 2010.
- ★ To this end, *fORGE*, lead by **Sally Ashworth** (NLP Trainer, NLPt Psychotherapist, qualified Supervisor, and past NLPtCA Chair), fields a team of highly respected, UKCP registered, NLPt (Neurolinguistic Psychotherapy) Psychotherapists, NLPt Supervisors, certified NLP Trainers, and subject specialists.
- ★ *fORGE* operates within a national network of Supervisors, the Training and Advisory body of NLPtCA, and ANLP.

Additional Benefits

FREE Copy

Every registered participant will receive a free copy of **The Bumper Bundle Book of Modelling** by Fran Burgess, Kilmonivaig Publishing 2014, worth £35



FREE Membership

Every registered participant will receive one-year's free membership of The NLP Kitchen, a resource based website for NLP Professionals - **www.nlpand.co.uk**. worth £150.

Affiliation



Introduction to NTM

We are offering two-day workshops to offer you an upfront understanding of the nature of NTM and the processes involved. It is suitable for anyone wanting to take their NLP practice further as well as those who are considering pursuing a therapy or coaching line of work. For further details, see our website and download the brochure.

The Schedule of Courses

Introduction to NTM

September	Thursday 10 - Sunday 13	Lancashire
November	Tuesday 10 - Friday 13	York

Clinical Practice 2015

March	6-8	London
	20-22	Bristol
April	10-12	Edinburgh
May	8-10	Nottingham
	22-24	Manchester
July	9-11	York

Psychotherapy Diploma in NTM 2016-18

(to include assessment and certification, payable in 4 six monthly instalments) All trainings will take place in York, easily reached from by rail and road.

Week	1	18-22	January 16
	2	16-20	May 16
	3	10-14	October 16
	4	20-24	February 17
	5	5-9	June 17
	6	4-8	September 17
	7	15-19	January 18

Further Enquiries

To find out more about the programme, or to book onto any of the courses, check out our website and apply on line.

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